

11th Congress of the **European Menopause and Andropause Society** *Empowering a personalized approach towards healthy aging*



Date 22 – 24 May 2017

Location RAI Amsterdam

Key figures

- 700+ healthcare professionals from 60+ countries**
- 70 scientific sessions**
- Ask-the-expert clinical sessions with case-scenarios**
- Hands-on courses**
- 21 participating Scientific Societies on healthy aging**

Conference Dinner 23 May 2017 at 20h30

"Zouthaven" - Piet Heinkade 11019 BR Amsterdam





Monday, 22.05.2017

Opening ceremony lecture

Healthy menopause: time for a new paradigm. **Oscar Franco**, Netherlands

Plenary 1. Active and healthy menopause

1. The menopause and its consequences: lessons from the SWAN study. **Rebecca Thurston**, USA
2. The exercise prescription. **Gloria Bachmann**, USA

Plenary 2. Aging and Frailty

1. Measuring Active and Healthy Aging. **Petra Stute**, Switzerland
2. Cognitive frailty. **Antonio Cano**, Spain

Parallel 1. Andropause

1. Aging and sexuality. **Cobi Reisman**, Netherlands
2. Low testosterone in the aging man: a normal process or an endocrine disease? **Mario Maggi**, Italy
3. Facts and fiction of testosterone treatment in older men. **Eric Meuleman** Netherlands
4. Endogenous testosterone and the male cardiovascular system. **John Stevenson**, UK

Parallel 2. PCOS and the menopause

1. PCOS a multifaceted disease needs a multidisciplinary approach. **Bart Fauser** Netherlands
2. Lifestyle and PCOS: from the womb to menopause. **Peter Chedraui**, Equador
3. PCOS and cardiovascular disease. **Dimitrios Goulis** Greece
4. Managing menopause in PCOS. **Lubna Pal** USA

Parallel 3. Brain aging

1. Parkinson's disease. **Maria Blanco Prieto** Spain
2. Steroids and the aging brain. **Andrea Genazzani**, Italy
3. Memory and menopause. **Pauline Maki**, USA
4. Modulating and protective properties of estrogens and progestins on neurodegenerative diseases. **Cordian Beyer**, Germany

Parallel 4. Lessons to be learned from cross-sex hormonal therapy

1. Sex under Cross-sex hormones at older age. **John Dean**, UK
2. Androgens and cardiovascular disease in Female to Male Transgenders. **Cristina Meriggiola**, Italy
3. Obesity and cross-sex hormones. **Svetlana Vujovic**, Serbia
4. Risks and treatment tailoring of cross-sex hormonal treatment in elderly transgenders. **Mick van Trotsenburg**, Netherlands

Parallel 5. Gender differences in midlife and beyond

1. Gender differences in the pathogenesis and management of osteoporosis. **Florence Tremollieres**, France
2. Are women small men? A gender-specific medicine perspective. **Jeanine Roeters van Lennep**, Netherlands
3. Headaches, gender and aging. **Emile Coutourier**, Netherlands
4. Is testosterone important for women as they age? **Susan Davis**, Australia

Parallel 6. In utero predictors of disease in later life

1. Prenatal nutrition and health in later life. **Tessa J. Roseboom**, Netherlands
2. Birth timing: the older you are the better it is? **Loes Jaspers**, Netherlands
3. Preeclampsia and future health risks to the mother and child. **Chrisandra Shufelt**, USA
4. Impact of gestational diabetes and other metabolic diseases on later life of mother and child. **Iuliana Ceausu**, Romania



Tuesday, 23.5.2017

Plenary 3. Sex and the menopause

1. Laser therapy for genitourinary syndrome of menopause. **Marco Gambacciani** Italy
2. Treating low sexual desire in women. **Ellen Laan**, Netherlands

Parallel 7. Men's health

1. Erectile dysfunction: lifestyle and medical management. **Emmanuele Jannini** Italy
2. Late Onset Hypogonadism: current aspects and controversies. **Giovanni Corona**, Italy
3. Fertility in older men. **D. Goulis**, Greece
4. Obesity and the metabolic syndrome in older men. **F. Debruyne**, Netherlands

Parallel 8. Perimenopausal health

1. Management of menopause and gynecological cancer. **Anne Gompel**, France
2. Migraine in the transition period. **Antoinette Maassen Van Den Brink**, Netherlands
3. Premenstrual syndrome in late reproductive years and perimenopause. **Nick Panay**, UK
4. Arthritis in the perimenopause. **Fiona Watt** UK

Parallel 9. Premature ovarian dysfunction

1. Long term health consequences of POF. **Blazej Meczekalski**, Poland
2. Improving fertility rate in women with premature ovarian insufficiency. **Svetlana Vujovic**, Serbia
3. Fertility and egg quality in survivors of childhood cancer. **Richard Anderson**, UK
4. Premature ovarian failure after Risk Reducing Salpingo – Oophorectomy (RRSO). **Marian Mourits**, Netherlands

Parallel 10. Body composition and cardiometabolic health after menopause

1. Menopause and its metabolic implications. **Irene Lambrinoudaki**, Greece
2. Sarcopenic obesity in the elderly. **Ignacio Ara**, Spain
3. Identification of the high-risk woman for cardiovascular disease. **Angela Maas**, Netherlands
4. Vasomotor symptoms and cardiovascular disease. **Rebecca Thurston**, USA

Parallel 11. Vitamin D

1. Vitamin D and bone health. **Jean Calleus Ajus**, Malta
2. Vitamin D and Sarcopenia. **Fidel Hita-Contreras**, Spain
3. Vitamin D and response to major illness. **Maria Celeste Osorio Wender**, Brazil
4. Vitamin D, falls and balance. **Rene Rizzoli**, Switzerland

Parallel 12. Cardiovascular disease and the aging woman

1. Ovarian aging and cardiometabolic disease. **Yvonne van der Schouw**, Netherlands
2. Heart disease in midlife women: true and perceived risk. **Chrisandra Shufelt**, USA
3. Osteoporosis and cardiovascular disease. **Stefano Lello**, Italy
4. CVD risk in BRCA mutation carriers. **Angela Maas**, Netherlands

Parallel 13. The aging pelvic floor

1. Lifestyle, hormones and the bladder. **Dudley Robinson**, UK
2. Urodynamics: for whom and when. **Linda Cardozo**, UK
3. Personalizing surgical treatment for pelvic floor dysfunction in menopausal women **Tommaso Simoncini**, Italy
4. Laser treatment for stress urinary incontinence. **Tamer Erel**, Turkey

Parallel 14. A personalized approach to care at the perimenopause

1. Menopause transition, reproductive aging and DNA repair? **Joop Laven**, Netherlands
2. Bleeding problems in the perimenopause. **Mary Ann Lumsden**, UK
3. Menopausal hormone therapy: is there a place for cardiovascular prevention? **Lubna Pal**, USA
4. Diet and lifestyle in the management of hot flashes. **Margaret Rees**, UK

Parallel 15. Women and mental health

1. Psychological health and disease in later life. **Rebecca Thurston**, USA
2. The role of estrogen on cognitive health in post-menopausal women. **Ke-Xin Wen**, Netherlands
3. Estrogen receptor B: a factor in neurological outcomes. **Taulant Muka**, Netherlands
4. Cognitive decline in the elderly: the role of nutrition. **V. Malafarina**, Spain



Wednesday, 24.05.2017

Plenary 4. Aging, bones and joints

1. Novel anabolic treatment strategies to postmenopausal osteoporosis. **Socrates Papapoulos**, Netherlands
2. Biomarkers for osteoarthritis. **Sita Bierma**, Netherlands

Plenary 5. Cancer prevention

1. Prevention of HPV-associated cancers. **Sean Kehoe**, UK
2. Prevention of uterine and ovarian cancer, **Lian Ulrich**, Denmark

Parallel 16. Gynecological oncology

1. Prevention of epithelial ovarian cancer: could it be possible? **Sean Kehoe**, UK
2. Menopausal Hormone therapy and breast cancer risk. **Richard Farmer**, UK
3. Obesity, Insulin resistance and cancer risk. **Faustino Perez-Lopez**, Spain
4. Locally delivered progestogens and breast safety. **Herman Depypere**, Belgium

Parallel 17. Osteoporosis

1. Fractures and falls. **Tineke van Geel**, Netherlands
2. Non-pharmacological management of fracture risk. **Henk Franke**, Netherlands
3. Clinical impact of different treatments of osteoporosis. **Santiago Palacios**, Spain
4. Osteoporosis in older men: a neglected disease. **Rene Rizzoli**, Switzerland

Parallel 18. Cross-cultural differences in the management of aging

1. Menopausal symptoms: comparing East and West **Alfred Mueck**, Germany
2. Sex and culture **Alessandra Graziottin**, IT
3. Promoting longevity: a global approach **Antonio Cano** Spain
4. Global consensus statement on MHT: the way forward **Tobie de Villiers**, South Africa

Parallel 19. Pregnancy in women over 40

1. Prediction of decreased ovarian reserve and menopause. **Frank Broekmans**, Netherlands
2. Fertility problems in late reproductive years. **Levent M. Senturk**, Turkey
3. Assisted Reproduction for POI Patients with Reduced Ovarian Reserve and for (Peri-) Menopausal Women. **Femi Janse** Netherlands
4. Age 50 plus and pregnancy: Ethical considerations. **Basil Tarlatzis**, Greece

Parallel 20. Aging skin and hair

1. Ultraviolet exposure and skin health. **Christian Surber**, Switzerland,
2. Over-the-counter antiaging products: science and fiction. **Michael Sherratt**, UK
3. Managing hair loss in midlife women. **Edith de Boer**, Netherlands
4. Cosmetics and womens' health. **Amos Pines**, Israel

Parallel 21. Steroids and health in aging women

1. Prophylactic oophorectomy and long term health risks. **Lian Ulrich**, Denmark
2. Premature ovarian dysfunction and cardiovascular disease. **Nadine Daan**, Netherlands
3. Hypothalamic –Pituitary – Adrenal (HPA) aging: a source of disease? **George Mastorakos**, Greece
4. Androgen therapy in women: for whom and when. **Nicola Pluchino**, Switzerland



ASK THE EXPERT SESSIONS: DISCUSSION OF CLINICAL CASES

1. **Optimizing a healthy menopause: diet and lifestyle** (Monday 22.5.2017)
Ingrid P (Netherlands), Johannes Bitzer, (Switzerland), Pauline Maki (USA), Alessandra Graziottin (Italy)
2. **Transgender health. Discussion of clinical cases.** (Monday 22.5.2017)
Mick van Trotsenburg (Netherlands), Svetlanva Vujovic (Serbia), John Dean (UK) , Cristina Merioggiola (Italy),
3. **A personalized approach to Menopausal Hormone Therapy** (Tuesday 23.5.2017)
Lubna Pal (USA), Mark Brincat (Malta), Juan Blumel (Chile), Susan Davies (Australia), Sofia Kalantaridou (Greece), Mary Ann Lumsden (UK)
4. **How should employers treat menopausal women?** (Tuesday 23.5.2017)
Herman Depypere (Belgium), Henk Oosterhof (Netherlands), Marije Geukes (Netherlands), Martin Birkhauser (Switzerland), Cassandra Szoeka (Australia)
5. **Non-HT, alternative and complementary therapies for menopause** (Wednesday 24.5.2017)
Henke Franke (Netherlands), Margaret Rees (UK), Petra Stute (Switzerland), Amos Pines (Israel), Sonia Cerdas (Costa Rica)
6. **GSM and the menopause: counseling, drugs and lasers** (Wednesday 24.5.2017)
George Creatsas, (Greece), Rossella Nappi (Italy), Ivan Fistonc (Croatia), Ellen Laan (Netherlands), Gloria Bachmann (USA)

Ask the Expert Session: How to get your research published

Margaret Rees (UK), Greyling Peoples (UK), Susan Dutton (UK)

Oral sessions

Late Breaking oral presentations	Monday 14:15-15:45
EMAS Junior Mentorship Programme	Monday 16:15 – 17:45
Oral presentations 1.	Monday 16:15-17:45
Oral presentations 2.	Tuesday 16:15-17:45
Oral presentations 3.	Tuesday 16:15-17:45
Oral presentations 4.	Wednesday 16:15-17:45
Oral presentations 5.	Wednesday 16:15-17:45
Poster session	Tuesday 18:00 – 19:30



Scientific Societies participating with a symposium

1. European Society for Sexual Medicine
2. International Menopause Society
3. National Cancer Research Institute Breast Cancer Clinical Studies Group Working party on symptom management
4. Dutch Association for Physical Therapy for Pelvic Floor Disorders and Pre- and Postnatal Healthcare
5. Polish Society of Gynecological Endocrinology
6. GEMVI: Groupe d'Etude sur la Ménopause, France
7. International Society of Gynecological Endocrinology
8. Indian Menopause Society
9. Non Profit Organization Primary Health Care and Specialist Health Care
10. Korean Menopause Society
11. Spanish Menopause Society
12. Dutch Menopause Society
13. German Menopause Society
14. Swiss Menopause Society
15. FLASCYM: Federacion Latinoamericana de Sociedades de Climaterio y Menopausia
16. British Menopause Society
17. Hellenic Society of Climacterium and Menopause
18. European Society of Gynecology
19. Turkish Society of Menopause and Osteoporosis
20. Erasmus Medical Center, Netherlands
21. Controversies in Obstetrics and Gynecology (COGI)